

COPPA'S FRESH CATCH



WILD



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6.99
/lb
15.41/kg

Fresh, Wild
Tilapia Fillets

2.49
/lb
5.49/kg

Fresh
Whole Whiting
(Merluzzo)



2.49
400g
pkg

Triple Crown
Frozen Seafood Combination



2.99
/lb
6.59/kg

Freshwater Fish
Frozen Canadian Lake
Whitefish

YOU SAVE \$2.00/lb
13.99
/lb
30.84/kg

Smart
Fresh, Wild
Smoke Salmon
Fillets

canucks.ca



3.99
227g
pkg

High Liner
Frozen Market Cuts
Cod, Haddock, Salmon



3.99
454g
pkg

Kallimanis
Frozen Whole Anchovies
or Sardines



6.99
907g
box

Simply Poultry
Frozen Breaded Chicken
Nuggets, Strips or Burgers



5.99
box of
9x130g

Patty King
Frozen Jamaican Style Patties
Mild, Spicy Beef or Chicken



3.99
each

Sicilian
Ice Cream 2L tub or Tartufo
Ice Cream Dessert pkg of 4